Characteristics of Lent

<u>Collation & Frustulum</u>
Collation
Collation Size
Morning Collation

Animal Products at Collation

Warm Fish at Collation

Frustulum

Food Meal Time

Flesh Meat

Fish & Flesh Meat at Meals

Animal Products

Simple Fish

Rich Seafood

Xerophagiae

Passion Fast

Sunday Abstinence

<u>Beverages</u> Liquids Other than Water and Wine

Wine

Water Outside of Meal

The Lenten Observance A Comparison of Regulations

Nicene

5th Century

N/A

N/A

N/A

N/A

N/A

Sundown

N/A

Yes

Yes

Yes

No

**High Medieval** 

13th Century

Local Indults

Pint of Liquid

N/A

N/A

N/A

3:00 PM

N/A

Yes

Yes

Yes

Local Indults

Yes

Local Indults

Pre-Trent

15th Century

Yes

20Z

N/A

12:00 PM

N/A

Yes

Yes

Yes

Yes

Yes

Yes

Benedict XIII

1724 - 1730

Yes

N/A

12:00 PM

N/A

Yes

Yes

Yes

Yes

Yes

Yes

8oz/1/4 meal 8oz/1/4 meal

Benedict XIV Baltimorensis II

1866

Yes

1/4 meal

No

No

12:00 PM

No

Yes

Yes

No

Yes

Yes

Yes

Local Indults Yes, from meat.

1740 - 1758

Yes

Local Indults

N/A

12:00 PM

Local Indults

Local Indults

Yes

Yes

Yes

Yes

Yes

Leo XIII

1878 - 1903

Yes

1/4 meal

Local Indults

N/A

Yes

12:00 PM

Local Indults

Yes

Yes

Yes

Yes

Yes

Yes

Baltimorensis III

1884

Yes

8oz

Yes

Yes

Yes

Yes

12:00 PM

Yes

Yes

Yes

Yes

Yes

Yes

Local Indults Yes, on some days, Yes, on some days

CIC/17

1917

Yes

8oz/ 1/4 meal

Yes

Yes

Yes

Yes

N/A

Yes

Yes

Yes

Yes

Yes

Yes

Yes

USA '62

1962

Yes

Less than a 2nd meal.

Yes

Yes

Yes

Yes

N/A

All but a few days

Yes

Yes

Yes

Yes

Yes

Yes

Yes

Gregorian

7th Century

N/A

N/A

N/A

N/A

N/A

Sundown

N/A

In necessity only.

Yes

No

Yes